



29th July, 2008

PERTH BAYSWATER JUNIOR RUGBY UNION CLUB

NEWSLETTER

If you would like to go on our email list or if you have any information for the newsletter including match reports please email robbie@hillarysresort.com.au by **12 noon** each Wednesday.

URGENTLY WANTED U7 BLACK MANAGER

Geoff Weir Coach of U7 Black and Greg Newman Assistant Coach are desperately looking for a manager for their team. No parents from this grade have come forward for this role even though we have had requests through the newsletter from Geoff or Greg. U7 Black is the only team out of 19 teams at Perth Bayswater that still do not have a manager.

Coaches do not get paid to coach your child/children. They give up their free time and work commitments to be there on Thursday and Saturday for your child.

With only 5 games left of the season, it is important that there is a manager as the final weeks will be busy. In order for your child to receive trophies, photos, end of season wind up etc a manager is desperately required. Your coaches can not be expected to do all this while still training and coaching your child.

Can some one please come forward this week and fill this roll. It's not that hard of a roll at this age level. There are also plenty of people around who are more than happy to give you a guiding hand with this role.

I look forward to someone coming forward this week. Noel Spittal, Chairman of the Juniors
P.B.R.U.F.C.

Team Photos

A big reminder that team photos are being taken in the clubrooms on either 7 or 14 August. See attached list for when teams are scheduled to have photo taken. If a child knows they are going to miss their selected date - then please talk to their coach/manager and rescheduling may occur. If a headshot is to be inserted into the photo of an absent player - there is an additional cost.

Full playing strip must be worn.

Thursday 7 August

Under 11 Black	5.20pm
Under 12 Black	5.30
Under 12 White	5.40
Under 7 White	5.50
Under 10 White	6.00
Under 7 Black	6.10
Under 15	6.20
Under 16	6.30

Thursday 14 August

Under 11 Numbats	5.20pm
Under 10 Black	5.30
Under 8	5.40
Under 9	5.50
Under 14	6.00
Under 6 White	6.10
Under 6 Black	6.20
Under 13	6.30

2008 State 16

Congratulations to the following players on their selection in the State 16s squad. Five players coming from the Perth Bayswater Club. This selection follows a strong State Championship Tournament, which was won by the North Region.

The final touring 23 will be selected during September. The National 16s Tournament will run from 29 September to 3 October in Brisbane.

FIRST NAME	SURNAME	CLUB	SCHOOL
Tristan	Ashford	Associates	Hale
Shane	Attard	Kalamunda	Guildford
Stephen	Blair	Perth-Bayswater	St Stephens
Lachlan	Burges		Hale
Liam	Burley	Perth Bays.	Hampton SH
Nick	Cordy-Hedge		Hale
Nick	Corsbie	Joondalup.	Ocean Reef SHS
Hayden	Croghan	Palmyra	Wesley
Jack	Dawson	Joondalup.	Mindarie College
James	Eliaschewsky	Perth	Chisolm
Kyle	Godwin	Associates	Aquinas
Manasseh	Gudgeon	Rockingham	Bunbury CC
Oliver	Hoskins	Cottesloe	Scotch
Christopher	Johnson	Associates	Aquinas
Bryan	Lush	Wanneroo	Trinity
Gary	Neugebauer	Associates	Hale
Nathan	Oakley	Perth Bayswater	Canning Vale Cge
Jerome	Rameka	Perth Bays	Hampton SH
Curtis	Rona	Wanneroo	Aranmore
Chesney	Rose	West's	Canning Vale Cge
Jordan	Simi	Southern Lions	Sommerville
Alistair	Sinden	Nedlands	Scotch
Samual	Smith	Joondalup	Ocean Reef
Jordan	Smith (based on injury assessment)		Hale
Lachlan	Valentine	Associates	Hale
Todd	Willcox	West's	Aranmore

Head Coach Brenden Loag (Former RugbyWA Coach Education Manager, Level 3 Coach)
Assistant Coach Dwayne Nestor (RugbyWA Junior Elite Coach, Level 3 Coach)
Coaching Coordinator Matt Tink (RugbyWA Community Rugby Manager, level 3 Coach, former Waratah player)
Manager Ross Dopson (RugbyWA State 20s Manager 2008, State 16s Manager 2004 – current)
Physio Cameron Stevens (Ascend Physio, WA State Schoolboys physio 2005, 2006, 2008)
Strength & Conditioning Amy Richards (not touring)

State Champs Report

North completed the clean sweep winning the 2008 State Champs to go with their 15s title in 2007 and 14s title in 2006.

With a close 5 nil win over Central on Day 1 and 22 - 7 win over South on Day 2 North set themselves up to take the title. Central needed a commanding victory over South on Day 3 to take the title from North. Central looked good at times but ran out of time and needed nine unanswered points to get the Championship

CANTEEN ROSTER 9 09.08.08 **Perth Bayswater V's Wanneroo**

TIME	NAME / GRADE	NAME / GRADE	NAME / GRADE
10am – 11am set up	U11 Numbats	U11 Numbats	U11 Numbats
11am – 12pm	U11 Numbats	U11 Numbats	U11 Numbats
12pm – 1pm	U10 White	U10 White	U10 White
1pm – 2pm	U10 White	U10 White	U10 White
2pm – 3pm	U10 White	U10 White	U10 White
3pm – 4pm	U11 Numbats	U11 Numbats	U11 Numbats
4pm – 5pm	U11 Numbats	U11 Numbats	U11 Numbats
5pm – 6:30pm and clean up	U10 White	U10 White	U10 White

Names are to be sent to me by close of business Friday the 1st of August.

As no one has come forward as Canteen manager the three parents on from 10 am until 11am for set up will need to Tanya in the canteen on the 7th of August at 5:20pm so as she can show you what needs to be done.

URGENTLY WANTED

Parents prepared to join the COMMITTEE in 2009

Do you want your children to continue playing rugby for Perth-Bayswater next year? If so, we need volunteers to join the committee to help the junior club function next year. We have a talent pool of more than 400 parents and we need help from as many of you as possible to ensure a prosperous and sustainable future for the Club. The only way this will happen is with your direct involvement.

The club relies on volunteers to keep it operational, and if everyone leaves the responsibility to somebody else and we **do not get any volunteers**, there is a possibility that **the club may not be in a position to field any junior sides** in the competition **next year**. If this happens both **you and your children will be the big losers**.

!!! If you have a spare hour or so a week, the club needs you!!

All volunteers will be given clear guidelines on the duties involved in their respective positions and assistance in undertaking their roles. There is also scope for people to share the workload of certain positions, so get together with your friends and get on board to make a positive contribution to the club and to your children's future.

Volunteering is a rich and rewarding experience and by offering your services you can help Perth-Bayswater Rugby Union Club achieve it's aim to be **THE BEST WITH PRIDE**: respected and well regarded by players, members, sponsors, the rugby fraternity and the local community.

BE POSITIVE & GET INVOLVED

Please consider how you can help contribute to the successful running of our great club. We require at least 14 volunteers in order to fill the following positions for 2009:

- Chairman
- Secretary
- Registrar
- Members Officer
- Gear Manager
- First Aid Officer
- Adverts Coordinator
- General Committee
- Vice-Chairman
- Treasurer
- Newsletter Editor
- Merchandise Manager
- Coach Coordinator
- Representative at WAJRU meetings
- Raffle Coordinator

We are also seeking people interested in undertaking referee training in the off season to act as referees at Britannia next year. This is a great way of getting to know and understand the game, as well as making a positive contribution to the sport.

If you are unsure of how you may be able to help or would like any further information contact Noel Spittal by email: noelspittal@electricaldistributors.com.au or by Mobile: 0403349894.

THE CLUB EXISTS FOR YOU AND YOUR CHILDREN

PLEASE GET INVOLVED, JOIN THE COMMITTEE AND MAKE A DIFFERENCE

MATCH REPORTS

U 16's Round 8 Rockingham 5 defeated Perth Bayswater 3

On perhaps the dirtiest day of the season to date, we faced off against a team that has proven to our nemesis over the past 4- 5 campaigns. The conditions were slippery, the wind blustering and the threat of rain constant throughout.

Rockingham are always tough opponents and the game reflected this. We had a number of opportunities in the first half to turn our attack into points, but a combination of dropped ball, poor decision making and resolute defence by Rocky saw the score at half time at 0 – 0.

In the second half we again took the attack up to the opposition and midway through the period slotted a penalty to move 3 – 0 ahead. This spurred the Rocky boys to dig deep and create a try scoring opportunity as a result of a disappointing lapse of concentration by our boys in defence.

The main lesson to be taken out of the disappointment of the loss is that every player must be switched on for the entire game and that we need to make the most of all our opportunities.

U 16's Round 9 Perth Bayswater 56 defeated Joondalup 0

In the first game back after the mid season break, great emphasis was placed on putting in a good performance to build momentum for the run into the business end of the season. There were a number of boys missing due to injury and school commitments, but everybody was keen to play to their ability and dominate the contest from the outset.

The game started in glorious conditions and throughout the first half the contest was willing. It was heartening to see the ball moving across the field at speed with every player involved. Our ball handling was slick at times and the line bursts created by quick passes and straight running thrilled the crowd. There were still a few opportunities missed down to dropped balls but the determination to press forward in attack was a feature of our play.

We went into half time with a modest lead but were confident our fitness would allow us to overrun the opposition in the second half. Unfortunately for Joondalup this proved to be the case and as they faded our boys went on a scoring rampage.

The forwards again dominated in loose play and Bjorn was a standout along with James D. It was also pleasing to see Nick, Eugene and Sam in the thick of things and the hard running of Ghanaan and Stephen was rewarded with a couple of tries each.

The focus must now turn to putting in similar performances against the more fancied teams we come up against in the remaining rounds.

U 15's Perth Bayswater 35 defeated Wanneroo Green 7

Perth Bayswater were keen to play a regular game this week, having had forfeits for the last two matches. Both teams came out strong and play see-sawed around the halfway line for ten minutes with neither team gaining much ground. However, Perth finally broke the deadlock; a powerful run by Hemi Tuiavii through the opposing forwards and an offload to Hemi Chase allowed him to dart through the defence to score the first try, which he duly converted. This was closely followed by a try from Lane Mitchell, running forty metres, brushing off several tackles and carrying a number of opposition defenders across the line; a fine effort. Perth finished the half pushing hard but unable to score again.

The second half, after some personnel changes, was again fierce, but Perth had their tails up. A scrum about ten metres out led to several pick and drives, until an opening was created for Michael Greenwood to charge through and score. More pressure from Perth allowed Carlos Flutey-Clarke to drive through a number of tacklers to score. Lane scored a second try shortly after and Perth were out to a 35-0 lead (courtesy of five conversions by Hemi Chase). However, to Wanneroo's credit, they did not give up, applying good pressure to score in the corner for a consolation try five minutes from the finish.

Some thoughts on the match: Fitness is still an issue for a number of players (indeed the whole team has room to improve), with slow movement at the breakdown and a failure to support breakaway runners possibly costing us two or three tries. Players need to realise that they have to put 100% effort in at training and also do extra exercise outside of our regular sessions in order to gain greater endurance and speed. Diet is another factor that can assist with improving fitness; reducing consumption of takeaway food and soft drinks will go a long way to improving the overall strength of players. That said, there has been a marked improvement in many players over the last couple of months so keep up the good work, boys.

Some of the standout players on the day: Hemi Tuiavii, Gene Whitnell, Luke Whyman, Alex Preston, Riley Milligan, Johnny Craster. All played well, however, with some excellent back row moves opening up many holes in the opposition defence and good efforts in the scrum and lineout. Well done, boys.