



28 April 2010

PB Rugby News

Message from RugbyWA



As per previous years each club has one Saturday during the season where they must provide **at least 8 volunteers to assist with Britannia set up**. Perth Bayswater have been rostered for Saturday 3rd July 2010.

Volunteers must arrive at **7:15am sharp**, all of the kit bins will be at their corresponding fields when you arrive and you will be briefed by RugbyWA staff as to how to proceed with set up.

Laminated copies of fields and how they are set up along with instructions will be lent to the club to assist with set up.

This is a reminder that any queries that parents and/ or other club members may have in regards to the junior competition *must* come through the club committee.

Junior Competition Coordinator, RugbyWA

You would have noticed a new logo on top of our newsletter, the Healthy Club logo. Perth Bayswater Juniors has been sponsored by Healthway and Sports Medicine Australia and is pleased to promote the 'Healthy Club' message". Each newsletter will feature a Healthy Club Tip and you will notice some healthy actions being taken around the club.

Healthy Club Tip # 1

Always warm up and stretch before the game.

This helps minimise the risk of injury

Matches for Saturday 1 May 2010 - Round 1

LJ = Lake Joondalup

Brit = Britannia Reserve, Leederville

Under 6					
North Coast	Vs	Perth Bayswater	LJ	8.30am	Field B
Under 7					
Joondalup	Vs	Perth Bayswater	LJ	8.30am	Field C
Under 8					
Perth Bays Black	Vs	Wanneroo White	LJ	9.10am	Field B
West Subiaco	Vs	Perth Bays White	Brit	9.50am	Field M
Under 9					
Perth Bays Black	Vs	Joondalup	LJ	8.30am	Field E
Perth Bays White	Vs	West Subiaco	Brit	8.30am	Field L
Under 10					
Perth Bayswater	Vs	Wanneroo Green	LJ	8.30am	Field F
Under 11 - Gold Division					
Wanneroo Green	Vs	Perth Bays Black	Brit	10.30am	Field F
Perth Bays White	Vs	Kalamunda Black	Brit	10.30am	Field J
Under 12 - Gold Division					
Perth Bayswater	Vs	Wanneroo Green	Brit	8.30am	Field E
Under 13 - Gold Division					
Perth Bays Black	Vs	Kalamunda	Brit	8.30am	Field X
Perth Bays Numbats	Vs	Bye			
Under 14 - Gold Division					
Wanneroo Green	Vs	Perth Bays White	Brit	11.40am	Field X
Perth Bays Black	Vs	University	Brit	11.40am	Field H
Under 15 - Gold Division					
Perth Bayswater	Vs	Mandurah	Brit	12.40	Field E
Under 16					
Joondalup	Vs	Perth Bayswater	Brit	10.30am	Field H

- Tonight at training is a great opportunity to chat with the Junior Chairman regarding the season and direction of the Club. This will be your chance to become more aware about your child's rugby club and give some feedback.

CANTEEN ROSTER

Please refer to the below Canteen Roster. Remember this is a **big** money raising opportunity for the Juniors and every person helping in the canteen is helping the club keep fees reasonable and equipment up to date. The Juniors have been given this fundraising opportunity by the Seniors to provide the canteen during Senior Home Games.

I am hoping that you will be rostered only once during the season, however if you have children playing in different grades and if team numbers are small, you may find yourself rostered twice. As much as possible, Coaches and Managers will not be rostered as they have enough on their plate, which I am sure you would agree. One or two of them may however, have children in other grades and may have to fulfil a roster for that team.

Please remember that it is up to you to find a fill-in if you can't do your roster - it is not fair to email and say you can't turn up - or just not turn up. Everyone realises that life is busy so let's all show respect to others and not offer the excuse that you don't have time or are too busy - it is only just over an hour that you will be rostered. Contact other people in your team to cover you slot or family members.

Things to Note:

- Canteen will be stocked and ready in the morning, and at the end of the day, shut down by a committee member.
- **Always wear closed shoes for safety reasons.**
- As there is hot oil etc, it is requested that no young kids (under 12 and below) are to be in the canteen.
- Instructions on prices and what is available are in the canteen.

Thank you for your cooperation and your assistance in greatly appreciated. It's the parent's support that makes Perth Bayswater Juniors a great club to be a part of.

Date	Committee Contact	11 – 12.15	12.15 – 1.30	1.30 – 2.45	2.45 – 4.00	4.00 – 5.15
8/5	Robbie Broomfield 0439958867	Cradock U13N	Ngamanu U7	Shadbolt U13N	Scholes U7	Butler U13N
		Miller U7	Munrowd-Harris U13N	Reynolds U7	Mayo U13N	George U7
		Lane U13N	Mason U7	Yorke U13N	Langley U7	Proudfoot U13